

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Radfahren | | Laufen | | Gesamt |
|-----|-------|-----------------------|---------------------------|------|-------------|-----------|------|-----------|------|--------|------|---------|
| 1 | 37 | Tom Borst | TSG Limbach/Triathlon | MJUN | 1 | 6:50 | (1) | 37:41 | (2) | 18:59 | (1) | 1:03:30 |
| 2 | 129 | Lukas Weber | Trianhas VfL Bad Arolsen | TM25 | 1 | 8:43 | (6) | 38:32 | (3) | 19:41 | (2) | 1:06:56 |
| 3 | 128 | Oskar Weber | LC Marathon Rotenburg | MJUN | 2 | 7:03 | (2) | 40:28 | (7) | 21:24 | (6) | 1:08:55 |
| 4 | 122 | Lennard Thier | | TM30 | 1 | 8:56 | (7) | 39:36 | (4) | 20:35 | (3) | 1:09:07 |
| 5 | 73 | Lars Koch | WSV Beverungen | TM50 | 1 | 9:15 | (10) | 37:40 | (1) | 22:26 | (10) | 1:09:20 |
| 6 | 54 | Lorenz Gamm | LC Paderborn | TM20 | 1 | 8:42 | (5) | 39:52 | (6) | 20:47 | (4) | 1:09:22 |
| 7 | 121 | Sebastian Thier | | TM30 | 2 | 8:57 | (8) | 39:44 | (5) | 21:29 | (7) | 1:10:10 |
| 8 | 31 | Christian Berger | VfL Marburg Triathlon | TM35 | 1 | 10:14 | (20) | 40:34 | (8) | 21:50 | (8) | 1:12:38 |
| 9 | 83 | Jan Löschen | MTV Gießen | MJUN | 3 | 8:57 | (9) | 42:31 | (11) | 22:45 | (11) | 1:14:13 |
| 10 | 144 | Jörg Gerstengarbe | Sauerland Skiteam | TM45 | 1 | 11:46 | (35) | 42:11 | (10) | 21:11 | (5) | 1:15:08 |
| 11 | 100 | Martin Reitz | DLRG | TM30 | 3 | 10:08 | (19) | 41:18 | (9) | 24:05 | (20) | 1:15:31 |
| 12 | 137 | Stephan Wohlmeiner | Tri Cops Warstein | TM55 | 1 | 9:52 | (15) | 42:57 | (12) | 23:59 | (19) | 1:16:48 |
| 13 | 113 | Rene Steffen | TuS Fritzlar | TM40 | 1 | 11:02 | (25) | 43:14 | (14) | 23:00 | (14) | 1:17:16 |
| 14 | 135 | Björn Wimmers | Asc- Göttingen Triathlon | TM45 | 2 | 8:37 | (4) | 44:41 | (17) | 24:53 | (27) | 1:18:11 |
| 15 | 55 | Bruno Ganzer | Tri-Sport-Team TV Verl | TM60 | 1 | 9:48 | (12) | 44:15 | (15) | 24:12 | (21) | 1:18:14 |
| 16 | 80 | Thomas Lindner | SG Stern Kassel | TM60 | 2 | 11:12 | (28) | 43:10 | (13) | 25:06 | (32) | 1:19:27 |
| 17 | 88 | Julian Müller | | TM25 | 2 | 10:24 | (21) | 44:19 | (16) | 25:11 | (33) | 1:19:54 |
| 18 | 47 | Florian Falkenreck | DLRG Vellmar e.V. | TM30 | 4 | 9:51 | (14) | 47:25 | (22) | 22:47 | (12) | 1:20:04 |
| 19 | 120 | Olaf Thiel | SG 1898 Chattengau | TM50 | 2 | 11:16 | (29) | 46:05 | (20) | 24:14 | (22) | 1:21:35 |
| 20 | 59 | Ole Niederlücke | TSV Obervorschütz | MJUN | 4 | 14:13 | (56) | 45:45 | (19) | 22:01 | (9) | 1:21:59 |
| 21 | 32 | Jan Beulen | SCNL 1908 e.V. | MJUN | 5 | 9:49 | (13) | 47:40 | (23) | 24:32 | (25) | 1:22:00 |
| 22 | 105 | Fabian Scharf | | TM30 | 5 | 9:58 | (17) | 47:47 | (25) | 24:53 | (26) | 1:22:38 |
| 23 | 62 | Thomas Groß | TuS Fritzlar Triathlon | TM55 | 2 | 11:33 | (32) | 46:37 | (21) | 25:04 | (31) | 1:23:14 |
| 24 | 75 | Andreas Langenströher | Warburg | TM50 | 3 | 10:53 | (24) | 49:41 | (36) | 23:13 | (15) | 1:23:47 |
| 25 | 96 | Florian Pühl | | TM25 | 3 | 11:24 | (30) | 48:16 | (27) | 24:58 | (28) | 1:24:39 |
| 26 | 136 | Axel Wittwer | RSV Gütersloh | TM55 | 3 | 14:15 | (57) | 44:51 | (18) | 25:37 | (34) | 1:24:44 |
| 27 | 126 | Philip Trieschmann | | TM25 | 4 | 11:58 | (39) | 49:32 | (34) | 23:32 | (16) | 1:25:01 |
| 28 | 94 | Boris Plumeyer-Köhler | SC Borchen | TM35 | 2 | 13:28 | (50) | 48:37 | (30) | 22:59 | (13) | 1:25:03 |
| 29 | 29 | Detlef Becker | Tri Speed Marienfeld | TM55 | 4 | 10:28 | (22) | 48:48 | (31) | 26:05 | (37) | 1:25:21 |
| 30 | 72 | Marius Klocke | | TM25 | 5 | 11:39 | (33) | 51:03 | (42) | 23:49 | (17) | 1:26:31 |
| 31 | 45 | Hendrik Dziawer | SCNL 1908 e. V. | TM30 | 6 | 9:54 | (16) | 47:42 | (24) | 28:57 | (44) | 1:26:33 |
| 32 | 52 | Alexander Frommhold | | TM35 | 3 | 12:39 | (45) | 50:04 | (40) | 23:54 | (18) | 1:26:38 |
| 33 | 115 | Manfred Steuber | MT Melsungen | TM50 | 4 | 9:28 | (11) | 48:07 | (26) | 29:38 | (47) | 1:27:13 |
| 34 | 51 | Jochen Fischer | TV Mühlhausen (Twistetal) | TM45 | 3 | 13:53 | (53) | 48:34 | (29) | 25:02 | (30) | 1:27:28 |
| 35 | 61 | Leon Graw | Ruhrschnecken | MJUN | 6 | 12:17 | (41) | 49:53 | (39) | 25:41 | (35) | 1:27:52 |
| 36 | 102 | Maik Sachse | FF Riehe | TM45 | 4 | 11:03 | (26) | 49:00 | (32) | 28:27 | (41) | 1:28:30 |
| 37 | 65 | Frank Heck | Tri-Team Burgwald | TM50 | 5 | 11:25 | (31) | 49:47 | (38) | 27:57 | (40) | 1:29:09 |
| 38 | 81 | Christian Lörke | | TM55 | 5 | 11:54 | (36) | 50:23 | (41) | 27:50 | (39) | 1:30:07 |
| 39 | 114 | Aaron Stenzel | | TM20 | 2 | 11:55 | (38) | 53:30 | (49) | 24:59 | (29) | 1:30:24 |
| 40 | 41 | Jens Büscher | | TM45 | 5 | 12:25 | (43) | 49:33 | (35) | 28:32 | (42) | 1:30:29 |
| 41 | 95 | Sebastian Poller | fabrikon | TM45 | 6 | 13:13 | (47) | 51:38 | (44) | 25:51 | (36) | 1:30:42 |

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Radfahren | | Laufen | | Gesamt |
|-----|-------|---------------------|---------------------------------|------|-------------|-----------|------|-----------|------|--------|------|---------|
| 42 | 103 | Helmut Schaaf | Ohne Verein | TM65 | 1 | 7:14 | (3) | 54:04 | (50) | 29:53 | (50) | 1:31:10 |
| 43 | 138 | Steven Woitschek | ANGRY PIRATES | TM30 | 7 | 11:07 | (27) | 55:47 | (53) | 24:20 | (23) | 1:31:13 |
| 44 | 132 | Jannik Wießner | Great-Grandma's Gang | TM30 | 8 | 10:04 | (18) | 51:33 | (43) | 29:49 | (48) | 1:31:25 |
| 45 | 67 | Ingolf Ibing | SG Lichtenfels | TM55 | 6 | 11:58 | (40) | 49:44 | (37) | 30:54 | (53) | 1:32:36 |
| 46 | 77 | Patrick Liborius | | TM35 | 4 | 13:44 | (52) | 54:57 | (52) | 24:32 | (24) | 1:33:13 |
| 47 | 110 | Martin Schweikert | | TM55 | 7 | 11:41 | (34) | 51:39 | (45) | 30:06 | (51) | 1:33:25 |
| 48 | 40 | Alexander Bronn | | TM35 | 5 | 13:14 | (48) | 49:17 | (33) | 32:59 | (60) | 1:35:31 |
| 49 | 92 | Marian Ott | | TM45 | 7 | 18:59 | (63) | 48:17 | (28) | 28:51 | (43) | 1:36:07 |
| 50 | 82 | Jannik Lörke | | TM20 | 3 | 14:05 | (55) | 53:25 | (48) | 29:20 | (45) | 1:36:50 |
| 51 | 79 | Bernd Lindemann | TSV Immenhausen | TM55 | 8 | 12:22 | (42) | 52:56 | (47) | 31:51 | (55) | 1:37:10 |
| 52 | 107 | Richard Schneider | fabrikon | TM45 | 8 | 13:20 | (49) | 55:57 | (54) | 29:34 | (46) | 1:38:51 |
| 53 | 42 | Hans-Peter Carstens | Team EAM KSV Baunatal Triathlon | TM65 | 2 | 12:36 | (44) | 54:44 | (51) | 31:56 | (56) | 1:39:16 |
| 54 | 30 | Martin Becker | | TM65 | 3 | 15:22 | (60) | 52:44 | (46) | 32:27 | (58) | 1:40:34 |
| 55 | 143 | Mathias Knorre | fabrikon | TM40 | 2 | 11:54 | (37) | 57:18 | (56) | 31:45 | (54) | 1:40:57 |
| 56 | 28 | Jörg Banneyer | SV 21 Essentho | TM50 | 6 | 10:36 | (23) | 56:09 | (55) | 37:22 | (61) | 1:44:08 |
| 57 | 89 | Christian Murach | | TM65 | 4 | 13:30 | (51) | 1:01:16 | (58) | 29:51 | (49) | 1:44:37 |
| 58 | 119 | Peter Templin | HSV Triathlon | TM50 | 7 | 14:41 | (58) | 1:01:18 | (59) | 30:46 | (52) | 1:46:45 |
| 59 | 36 | Silvain Boos | | TM25 | 6 | 16:27 | (61) | 1:03:18 | (60) | 27:31 | (38) | 1:47:17 |
| 60 | 116 | Manfred Stöhr | | TM70 | 1 | 12:41 | (46) | 1:05:41 | (62) | 32:26 | (57) | 1:50:47 |
| 61 | 98 | Nils Rehwald | EC Martinhagen | TM30 | 9 | 19:21 | (64) | 59:02 | (57) | 32:55 | (59) | 1:51:19 |
| 62 | 134 | Harald Wilke | SV Goddelsheim | TM45 | 9 | 13:59 | (54) | 1:04:13 | (61) | 37:46 | (62) | 1:55:58 |
| 63 | 111 | Tobias Solomeyer | | TM35 | 6 | 17:43 | (62) | 1:06:17 | (63) | 39:01 | (63) | 2:03:01 |
| 64 | 63 | Thomas Hagedorn | Ruhrschnecken | TM50 | 8 | 15:18 | (59) | 1:10:06 | (64) | 46:41 | (64) | 2:12:05 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Radfahren | | Laufen | | Gesamt |
|-----|-------|------------------------|------------------------|------|-------------|-----------|------|-----------|------|--------|------|---------|
| 1 | 49 | Theres Fingerhut | KSV Baunatal | TW25 | 1 | 10:11 | (6) | 40:02 | (1) | 22:24 | (2) | 1:12:37 |
| 2 | 26 | Julia Altrup | VfL 1860 Marburg | TW25 | 2 | 10:08 | (5) | 44:40 | (3) | 21:31 | (1) | 1:16:18 |
| 3 | 76 | Steffi Lemke | WVC Kassel Triathlon | TW35 | 1 | 10:44 | (10) | 44:31 | (2) | 22:38 | (3) | 1:17:53 |
| 4 | 71 | Karolin Kiefner | TuS Fritzlar | TW25 | 3 | 9:03 | (1) | 47:10 | (7) | 23:39 | (5) | 1:19:53 |
| 5 | 93 | Annika Isabelle Peter | WVC Kassel | WJUN | 1 | 9:42 | (2) | 47:22 | (8) | 24:06 | (7) | 1:21:10 |
| 6 | 35 | Laura Böe | RV Kurhessen-Cassel | TW25 | 4 | 12:50 | (22) | 46:54 | (5) | 23:18 | (4) | 1:23:02 |
| 7 | 85 | Gabi Menke | WSV Beverungen | TW50 | 1 | 10:07 | (4) | 48:02 | (9) | 25:09 | (9) | 1:23:17 |
| 8 | 38 | Petra Brand | SC Borchen | TW50 | 2 | 11:41 | (16) | 49:06 | (10) | 23:50 | (6) | 1:24:37 |
| 9 | 141 | Sarina Kessler | Ohne Verein | TW30 | 1 | 13:08 | (24) | 46:40 | (4) | 26:24 | (12) | 1:26:11 |
| 10 | 142 | Elisabeth Kohout | Triathlon Team Fuldata | TW35 | 2 | 11:57 | (18) | 49:43 | (12) | 24:50 | (8) | 1:26:31 |
| 11 | 127 | Julia Wahle | SCNL 1908 e. V. | TW30 | 2 | 11:40 | (15) | 47:02 | (6) | 27:54 | (19) | 1:26:36 |
| 12 | 99 | Laura Reising | | TW25 | 5 | 10:26 | (8) | 49:32 | (11) | 26:55 | (15) | 1:26:53 |
| 13 | 112 | Iris Spangenberg | TSV NIEDERELSUNGEN | TW45 | 1 | 11:54 | (17) | 49:44 | (13) | 25:40 | (10) | 1:27:18 |
| 14 | 56 | Marie Gautier | TSV Niederelsungen | TW20 | 1 | 10:04 | (3) | 54:09 | (19) | 25:47 | (11) | 1:30:00 |
| 15 | 66 | Britt Marie Huckschlag | | TW20 | 2 | 12:16 | (20) | 50:31 | (14) | 28:09 | (22) | 1:30:56 |

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| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | | Radfahren | | Laufen | | Gesamt |
|-----|-------|--------------------------|----------------------|------|-------------|-----------|------|-----------|------|--------|------|---------|
| 16 | 44 | Annika Deichmann | | TW25 | 6 | 10:59 | (12) | 54:07 | (18) | 27:59 | (21) | 1:33:04 |
| 17 | 108 | Frederike Schnell | | TW30 | 3 | 13:48 | (27) | 52:45 | (16) | 26:40 | (14) | 1:33:13 |
| 18 | 104 | Margit Schaaf | Triathlon Equipe Elz | TW60 | 1 | 10:36 | (9) | 55:23 | (20) | 27:57 | (20) | 1:33:55 |
| 19 | 74 | Sigrid Lange | SCNL 1908 e.V. | TW60 | 2 | 11:07 | (13) | 52:17 | (15) | 30:42 | (27) | 1:34:07 |
| 20 | 84 | Marleen Markolf | TV Marienhagen | TW25 | 7 | 13:53 | (28) | 53:50 | (17) | 26:57 | (16) | 1:34:40 |
| 21 | 106 | Sandra Schmöle | | TW25 | 8 | 12:14 | (19) | 56:35 | (24) | 26:32 | (13) | 1:35:21 |
| 22 | 97 | Laura Pytel | | TW25 | 9 | 10:44 | (11) | 55:54 | (23) | 30:38 | (26) | 1:37:16 |
| 23 | 53 | Maureen Fuchs- Seidel | Lotte | TW45 | 2 | 11:10 | (14) | 55:24 | (21) | 31:52 | (29) | 1:38:26 |
| 24 | 78 | Amy Liborius | | TW30 | 4 | 12:55 | (23) | 58:44 | (26) | 27:13 | (17) | 1:38:53 |
| 25 | 46 | Christa Emden | TSV Korbach | TW60 | 3 | 14:09 | (30) | 55:29 | (22) | 29:26 | (24) | 1:39:05 |
| 26 | 109 | Katrin Schwarz | | TW45 | 3 | 12:21 | (21) | 58:19 | (25) | 32:53 | (30) | 1:43:34 |
| 27 | 90 | Rica Nieland | | TW20 | 3 | 13:47 | (26) | 58:55 | (27) | 31:36 | (28) | 1:44:17 |
| 28 | 34 | Reka Bleidt | Great Grandma's Gang | TW25 | 10 | 10:17 | (7) | 1:05:37 | (30) | 29:06 | (23) | 1:45:00 |
| 29 | 27 | Mascha Baberuxki | Great Grandma's Gang | TW20 | 4 | 13:56 | (29) | 1:06:44 | (31) | 27:26 | (18) | 1:48:06 |
| 30 | 117 | Nicole Stölzel | | TW40 | 1 | 13:29 | (25) | 1:04:35 | (29) | 33:46 | (31) | 1:51:50 |
| 31 | 140 | Irmhild Scheele | Ohne Verein | TW55 | 1 | 20:56 | (31) | 1:04:26 | (28) | 30:12 | (25) | 1:55:34 |